



Mental Health Partnership Board

Minutes Friday 20 June 2014

Members in attendance:	
Kurt Moxley	Senior Joint Commissioner - Mental Health, Chiltern CCG, Aylesbury Vale CCG and Buckinghamshire County Council
Stephen Archibald	Carers Bucks
Pat Milner	Adult and Mental Health Resource and Commissioning
John Pimm	Consultant Clinical Neuropsychologist & IAPT Clinical Director
Jackie Gough	Oxford Health Foundation Trust
Jonathan Redman-Thomas	Wycombe Mind
Naseem Mercury	SUCO Representative
Russell Vere-White	SUCO Representative
Others in attendance	
Debi Game	Bucks SUCO
Maureen Keyworth	Democratic Services Officer



No	Item
1	Apologies for Absence/Changes in Membership Apologies were received from Daniel Herbert, Simon Price and Liz Wheaton.
2	Minutes The minutes of the meeting held on Friday 20 June 2014 were agreed as a correct record, subject to the following amendment Item 6: Implications of the Differential Tariff on services in Buckinghamshire First paragraph, 10th line, delete "is in the social care budget".

	<p>Members noted the following:</p> <p>Item 2 Minutes – Matters Arising It was noted that the officer covering Ojalae Jenkins’ role has left and that Maxine Foster has now been seconded into the role. The Chairman agreed to invite her to the next meeting.</p> <p style="text-align: right;">Action: Chairman</p> <p>Debi Game had agreed to collate information on whether members wished to have their names included in the public minutes and, although she has received feedback the information has not yet been collated. This will be brought to the next meeting.</p> <p style="text-align: right;">Action: Debi Game</p> <p>Item 4 Service Users Priorities and Work Plan The Chairman said that he had not yet heard back from Marcia Smith regarding who was responsible in the County Council for information on benefits. He would feedback to the next meeting.</p> <p style="text-align: right;">Action: Chairman</p> <p>Some members had met to discuss the issues around better understanding the changes and challenges to statutory service provision for Mental Health Service users and Carers. Debi Game said there would eventually be a flow chart alongside the information on how the services fitted together.</p> <p>Jackie Gough and Debi Game met to discuss issues around training and access and information to GPs and this was discussed later in the meeting.</p> <p>With regard to discussion around the need for financial help, the Chairman said there was a need to discuss how to develop this.</p> <p style="text-align: right;">Action: Chairman</p> <p>Item 5 Opening the new Whiteleaf Centre Members agreed that they would like to use The Whiteleaf Centre as a future venue for meetings and Jackie Gough offered to give members a tour after the meeting.</p>
<p>3</p>	<p>Buckinghamshire Mental Health Joint NHS and Social Care Integrated Plan 2013-15</p> <p>The Chairman stated that the Integrated Plan needed to be updated for the current year, even though it was a three year plan to 2015. Members were informed there were two other documents in the system:</p> <ul style="list-style-type: none"> • The Portfolio Plan from the County Council which described Adult Mental Health Services • The Priorities Tracker for the CCGs. It was noted that this had over 100 priorities in it but the Chairman said he would bring updates around the priorities for Mental Health. <p style="text-align: right;">Action: Chairman</p> <p>There were also two national documents:</p>

- The National Mental Health Strategy
- The Mental Health Crisis Care Concordat, which sets out the principles and good practice that should be followed by health staff, police officers and approved mental health professionals when working together to help people in a mental health crisis.

It was noted that the Local Authority is required to have a local policy strategy which should be in place by the end of the year. The strategy will include feedback from the workshops as well as feedback from service users and carers.

The Chairman welcomed comments from members on how this strategy could be formed. It was agreed that an outline should be drawn up to focus people on what was needed in the document and then it could be sent out for comment. Debi Game said she had done some work in relation to developing outcomes of key issues and had consulted on that. She also asked that comments from those who were unable to attend workshops should also be sought. Another member suggested that service users and Panel representatives should make an input and the document should then be narrowed down for consultation. Kurt said that as well as having the document they also needed to look at the costs that would drive it.

Debi Game suggested it could be looked at through organisations such as Wycombe mind, Bucks Mind etc., but that it was important that all areas in Buckinghamshire should be consulted in order for people not to feel marginalised.

A member referred to the DfH document 'Closing the Gap' which gives priorities for the next two years and was a follow up to the National Strategy, which could also be used to drawn up the local strategy.

Members discussed the timescale to produce the document and it was noted that it should be in a suitable format to go to the Boards by the end of September or October. A member requested that it should also be produced in layman's terms so it was easy to understand.

With regard to the current Mental Health Joint NHS and Social Care Integrated Plan, Kurt said they had been looking at a couple of areas per meeting for discussion, but some were not relevant for the PB. The outcomes were performance managed in BCC and the CCGs. The Integrated Care Pathway Programme Board covered other areas too. That Board met monthly and the Mental Health Partnership Board fed into that and then onward to the Joint Executive Board of the CCG and County Council. Pat Milner said there was also Social Care monitoring under the S75 agreement.

With regard to Dementia Care and Autism, Debi Game said a lot of those issues were picked up by the Older People's Partnership Board and the Autism Partnership Board which had recently been set up. She asked whether the outcomes from the Integrated Plan were also fed to those Boards. Kurt said that they would come under the Integrated Partnership Board. Debi Game referred to a recent presentation from Louise Jarvis and suggested that it should go to the OPPB. It was agreed that the Chairman would contact the OPPB regarding the Dementia presentation.

Action: Kurt Moxley

	<p>It was agreed that the Chairman would do a refresh on the Integrated Plan for the next meeting.</p> <p style="text-align: right;">Action: Kurt Moxley</p> <p>Debi Game said some ambitions and outcomes in the plan were linked to work already done. The work with Service Users could be reflected in this and the strategy document so people can see how service users helped to shape the policy.</p>
<p>4</p>	<p>Service Users Priorities and Work Plan</p> <p>Debi Game referred to a meeting she had had with members of the Board where they discussed available services and the routes to those services. It was hoped that a flowchart could be produced in this connection. The paper would be sent out to voluntary and other organisations asking for feedback on what they currently deliver and the routes used to access those services.</p> <p>Training was also discussed and disappointment was expressed that this could not be accessed through the GPs training package. It was hoped there could be an element around the viewpoint of users and carers and when a member asked whether this could be part of the programme, she was told the programme had already been set.</p> <p>John Pimm said this was a specific programme, which he was in charge of, for the whole region and was originally specifically designed to teach certain modules. The programme was then re-commissioned by a training organisation for health professionals and placed in Oxford Health as part of the Therapy Centre provision. Members agreed that if a user module could be designed, there could be an argument for service users to give a perspective to professionals regarding this work. They could show GPs what it is like from a service user perspective. John said they would need to submit a request to the PiP-Care Board for consideration. However, it would need to be funded and the costs would include professional expertise in designing and writing the module and quality control.</p> <p>In this connection, a member asked whether they could see existing modules in order to identify any gaps in training and another member suggested the need to teach GPs skills in relation to dealing with those with Mental Health issues. It was noted they already dealt with</p> <ul style="list-style-type: none"> • Dealing with anxiety and depression; • Self-help; • Problem solving; • Motivation; • Behaviour • Depression and anxiety in older people <p>They were also considering looking at perinatal mental health. A member suggested that schizophrenia and bi-polar disorders should also be included.</p> <p>It was noted that 90% of those with mental health issues were cared for by GPs who receive little training in this area.</p> <p>Members were informed that training through PiP-Care came from a primary care</p>

perspective rather than social care, focussing on anxiety and depression. However, they were also doing work streams to look at issues through a pilot site regarding the potential for looking at evidence based on treatment. John said very few get access to this so the question was how to organise treatment to get proper care. Once this was resolved they could then talk to GPs.

A member referred to work done by the Bedfordshire Unit who gave a presentation on Bi-Polar disorder for students who said it was more beneficial to talk to experts and get their own perspectives through to them.

John Pimm referred to Mental Health First Aid which is an educational course that teaches people how to identify, understand and help a person who may be developing a mental health problem. It was hoped that Public Health might commission Mental Health First Aid training for Buckinghamshire and they were looking for third sector organisations to bid for it. Jackie Gough said that Restore in Oxford provides it and will provide training for companies. A member said that education for employers was an important role and the more information that was given to GPs the better the treatment would be.

With regard to PiP-Care Stephen Archibald asked whether the Board could look at it to understand better what was being taught, so that they could put together a proposal for training based on the type of learning already in place. John Pimm suggested that Mental Health First Aid may a more appropriate vehicle because people with mental health problems are involved in delivering the training. Stephen said they were trying to look at improving GP training and asked whether Mental Health First Aid was designed more for people other than GPs. John said that Public Health was looking to fund this and the Chairman suggested that because they came under Adult Social Care, there could be a link into this. Debi Game suggested they could help shape the specification regarding the tender for this and, in this connection, the Chairman agreed to talk to Sophy Forman-Lynch.

Action: Kurt Moxley

With regard to GP training, it was noted that whilst the training was offered not all GPs took it up but many picked up experience through their job. However, the new GP curriculum requires it. The Chairman said that with GP rotation there is a mental health component. A member said that as an ex-service user, he considered that every GP surgery should have a Mental Health Specialist to identify and treat people. Another member said training for GPs was better now, as well as knowledge and understanding.

It was noted that The Cognitive Therapy Centre in Oxford has just booked PiP-Care training for Health professionals. They were trying to set up an arm for the primary care professionals but this was in its early stages. John Pimm said he would be happy to hear ideas and experiences of others, but to get the modules organised and funded was a long process.

John agreed to take back the ideas suggested and it was noted that they were currently putting together a business plan for funding. John was thanked for his agreement to discuss the possibility of this training with PiP-Care. As a background John said whilst they were not part of the training service they felt there was a need to raise awareness with GPs which could be done through the training package. John said they did general training sessions at GP practices which service users take part in, or they provide videos of services users giving their experiences. He

	<p>said that the videos could be seen on the Healthy Minds website at www.healthymindsbucks.nhs.uk John said the same model could be used to talk about more serious issues too.</p> <p>Debi Game said it would be good to produce something around information and support for people with mental health issues. Once the strategy has been drawn up an event could be used to launch it. Jackie Gough said one of the nurses was taking a Masters Degree and part of her work was to produce a directory of information. It was agreed that Stephen Archibald would contact her in this connection.</p> <p style="text-align: right;">Action: Stephen Archibald</p> <p>There was the possibility that other organisations offering support in relation to mental health might be identified through the work on the directory. It was also noted that Wycombe Mind had put together information and there was also a leaflet produced by Oxford Mind, which was updated annually. Debi said they would be meeting again shortly and would continue to take this work forward. Any service user was invited to attend and provide input</p>
<p>5</p>	<p>Update on Priorities for the Partnership Board</p> <p>The Chairman stated that the priorities template had not been updated since 2012/13 and suggested that the MHPB Service User and Carers Priority Workplan should supersede this document, and members agreed. The Chairman also agreed to ensure the service user document was produced in similar form to the priorities template that was presented to the Executive Partnership Board. Using the Priority Workplan would demonstrate that the priorities have been developed with input from service users</p> <p style="text-align: right;">Action: Kurt Moxley</p>
<p>6</p>	<p>Executive Partnership Board Update</p> <p>The minutes from the meeting of the EPB held on 10 March 2014, were attached for information. Members were informed that each Partnership Board provides an update to the EPB which was noted in the minutes.</p> <p>It was noted that the Chairmen of the Partnership Boards are members of the EPB. Each partnership board offers an opportunity for a service user or carer representative to co-chair the meetings, provided there are at least seven service user or carer representatives on the Board. Debi urged members to complete their interest forms in this connection.</p>
<p>7</p>	<p>Dates of Next and Future Meetings</p> <p>It was agreed that the next meeting would be held in the last two weeks of September at the Whiteleaf Centre.</p> <p>Stephen Archibald said he had been sent a link to the Mental Health Powerpack, designed for use by the public and professionals. Whilst it could be considered for use, it was noted that it was expensive but Stephen suggested that if a consortium</p>

could be put together to use it, it might be worthwhile. The link is as follows:
<http://www.raise.org.uk/test/powerpack.php>

John Pimm expressed concern about the charges made by companies when those using the packages have to do a lot of the work themselves. Jackie Gough said that the Oxford Health website provided information on medicines and medicine management. However, she said the Hants site had access to other areas as well. John Pimm said he would ask someone from IT to look into the Powerpack.

Action: John Pimm

Stephen also informed members that Carers Bucks was working with Helios who have an on line programme for carers of people with psychotic problems. People can sign up to a 10 week course and gain information, as well as having one to one sessions and on line group working. Feedback from carers has been positive and Stephen asked carers to contact him for further information. The programme is free for carers.

Chairman